



Healthy Now

MEAL PREP • JUICES • CATERING

HealthyNow can fuel your team for **SUCCESS** at the Aurora Silver Stick!

We are experts in delivering healthy, delicious catering to hockey teams and families before games, post game, and between games. Our clients include:



Check out Gold Medal winning hockey star Brianne Jenner's endorsement of HealthyNow: <https://youtu.be/rLJ8l6q4rKw>

Avoid crowded restaurants, delayed service and menus not designed for athletes. Save time & money, reduces stress and have more team time!

We can deliver to your team at your hotel or at the arena:

Grilled Chicken Parmesan, or Turkey Bolognese on Whole Wheat Penne, either with side salad @ \$20.00 per person individually packed, or \$18 per person buffet style, PERFECT to fuel your team before BIG games or after a GREAT win

And/Or

Grilled Chicken Wraps with Fresh Fruit Bowl on the side @ \$17.50 per person in 'to go' packaging – PERFECT for refueling between games

And/Or

We can customize something specialized for your team!

Check us out online at www.HealthyNow.ca/athletes, at www.facebook.com/HealthyNow40, or at www.instagram.com/HealthyNow_40.

To order or for more info contact

Christine at 647-210-0047 or Christine@HealthyNow.ca